

Schools

Spotlight on schools

About the Program

Dublin Counseling Center is proud of the efforts we have made to aid the guidance counselors, teachers and students of the Dublin City Schools. Services provided by our staff in 2000-2001 included individual and group counseling, psycho-educational counseling, and staff training in trauma services. These services were provided at no cost to the school or the students by utilizing ADAMH funding and funding from Washington Township.

Primary goals of our school services were providing assessment and evaluation of individual students, identification of adolescents at risk for substance abuse and other high-risk behaviors, and providing consistent support groups for students experiencing social and emotional difficulty in the school environment.

Issues affecting our adolescents today are complex and profound. If left unrecognized and untreated these problems can intensify and significantly impact the quality of an individual's life and lead to more serious problems. The goal of Dublin Counseling Center's outreach in the schools is to provide additional guidance and a safe atmosphere where students can express their problems and learn appropriate coping skills.

Prominent issues addressed with students include adjustment, depression, relationship issues, and transitions. Successful groups that were facilitated include Anger Management, Social Skills, Divorce, and an ADHD support group. The focus in all of the group endeavors is to help each member learn successful ways to balance their emotional and personal difficulties in the academic environment as well as improving self-esteem through success.

Approximately 450 lives were touched through our outreach efforts with the schools. The need for services continues to increase, as does the number of individual adolescent referrals. Dublin Counseling Center's trained professional staff will strive to meet these increased demands for service through the generous support of the Dublin community.