

Older Adults

Serving every stage of life

About the Program

In response to the need for counseling services among older adults, Dublin Counseling Center has created special programming design to help these individuals and their families deal with the changes that come with advancing age and ill health. Our older adult staff works with people in a stage of life that can result in feelings of depression and isolation. Other services help their families and caregivers deal with the physical and emotional stress of caregiving.

Many of these services are provided through the Tri North Older Adult Program in partnership with two other ADAMH agencies. It offers information and referral, counseling, widowhood and caregiver support groups, community seminars on aging and staff development seminars for service providers working in nursing homes, retirement centers, home health care and adult day care.